

# Inglês

## Texto I



**learning to quit**

⑤ Jodi Hall started smoking at age 9. By the time she was 16, she was up to a pack a day—and she wanted to quit. A couple of reasons: one, her health; two, a guy named Mony. “He said that when he kissed me, it was like kissing an ashtray,” Jodi says.

⑩ Earlier this year, Jodi, along with 25 of her classmates at Johnson High School, in Savannah, GA, enrolled in the school’s first stop-smoking class. During the eight-week Tobacco Free Teen class, they learned what smoking can do to their body, their wallet and their grades (some kids end up cutting class to satisfy their nicotine cravings). But it wasn’t

just about scare tactics. The goal is behavior modification, not punishment, so students are taught techniques for handling stress and resisting the urge to light up even when friends or parents do.

②⑤ According to the American Lung Association (ALA), which sponsors the class, about half the adults who smoke were regular smokers by age 18. “These numbers are only going to get worse,” says Kristine Lewis of the ALA. “The tobacco industry is turning to teens.”

③⑤ How did the students do? Jodi has been cigaretteless for three months. But she’s the only one. Her classmate Adam Cushman is slowly puffing his way back to three packs a day. The 16-year-old says he wants to stop, “but the way things are going, I doubt I’ll be able to.”

—Lynda Natali

seventeen June 1996

### Questão 46

De acordo com o texto, o segundo motivo alegado por Jodi para querer parar de fumar foi o seguinte:

- (A) Ela se sentia mal ao beijar Mony.
- (B) Mony a beijava enquanto fumava.
- (C) Ela não apreciava o gosto de nicotina.
- (D) Mony se sentia beijando um cinzeiro.

### Questão 47

A palavra **they** em "**they** learned what smoking can do to" (linha 14) refere-se a Jodi e:

- (A) Adam Cushman
- (B) o namorado da escola
- (C) Mony e Kristine Lewis
- (D) alguns colegas da escola

### Questão 48

It can be inferred from the text that smoking can affect the following aspects of students' lives:

- (A) health, finance and learning
- (B) health, teaching and learning
- (C) sports, finance and up-bringing
- (D) sports, teaching and up-bringing

### Questão 49

From the class-name – "Tobacco Free Teen class" – we may understand that one of the characteristics of the students enrolled was their age between:

- (A) 8 and 18
- (B) 9 and 18
- (C) 13 and 19
- (D) 16 and 19

### Questão 50

The word **but** in "**But** she's the only one" (line 32) indicates:

- (A) cause
- (B) contrast
- (C) addition
- (D) conclusion

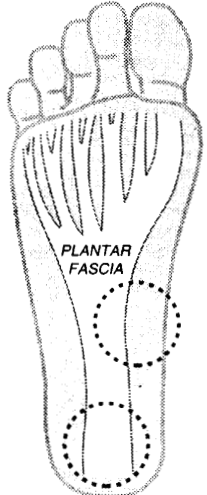
### Questão 51

The word **goal** in "The **goal** is behavior modification" (lines 18-19) can be replaced by:

- (A) core
- (B) subject
- (C) objective
- (D) competition

### Texto II

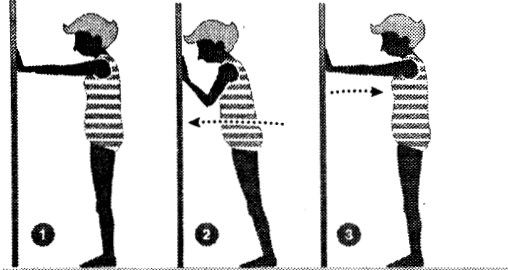
INTERNATIONAL HERALD TRIBUNE, THURSDAY, JULY 25, 1996




**Oh, My Achin' Plantar Fascia**

Plantar fasciitis, inflammation of the tissue that connects the heel to the base of the toes, commonly results from weight-bearing exercise. These exercises help strengthen the foot and calf muscles and restore flexibility to the ankle and arch.

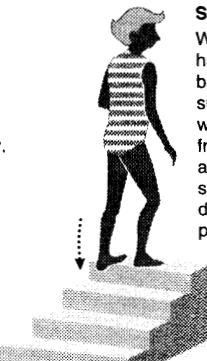
**Wall push-up**  
Stand at arm's length distance from a wall and place both palms on the wall. With heels flat on the floor and knees locked, lean forward by bending at the elbows until you feel your Achilles' tendon stretch. Hold for 5 seconds; return to the starting position and repeat.



**Seated stretch**  
Sit in a chair and place one foot over the opposite knee. Grasp the outer side of the foot and pull up gently.



**Stair stretch**  
With one heel hanging over the back of a step, support your weight on the front of the foot and apply steady downward pressure.



Common areas of pain

---

### Questão 52

---

O texto II foi retirado da seguinte fonte:

- (A) livro
- (B) jornal
- (C) revista
- (D) manual

---

### Questão 53

---

A palavra **until** em "by bending at the elbows **until** you feel your Achilles' tendon stretch" expressa a noção de:

- (A) tempo
- (B) causa
- (C) adição
- (D) intensidade

---

### Questão 54

---

Text II presents the following topic:

- (A) work
- (B) health
- (C) leisure
- (D) psychics

---

### Questão 55

---

Text II belongs to the following text-type:

- (A) academic
- (B) speculative
- (C) promotional
- (D) instructional

---

### Questão 56

---

The information provided in the text is mainly addressed to those who have problems with their feet commonly caused by:

- (A) gaining weight
- (B) carrying weight
- (C) being seated for too long hours
- (D) standing up for too long hours

---

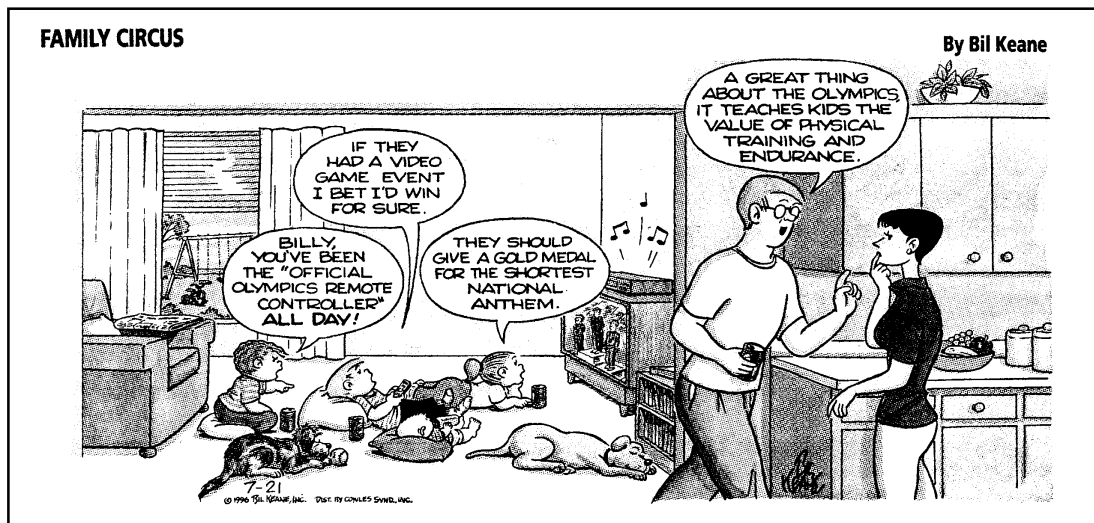
### Questão 57

---

The sequence of exercises is illustrated by the following number of pictures:

- (A) two
- (B) four
- (C) five
- (D) six

Texto III



*The Washington Post* SUNDAY, JULY 21, 1996

Questão 58

The tone of the text is:

- (A) solemn
- (B) romantic
- (C) dramatic
- (D) humorous

Questão 59

The sentence "If they had a video game event I bet I'd win for sure" spoken by one of the children expresses:

- (A) cause
- (B) contrast
- (C) condition
- (D) conclusion

Questão 60

De acordo com a fala do pai, está correto dizer que as Olimpíadas ensinam o valor do:

- (A) treinamento físico e da persistência
- (B) estudo da física e do enobrecimento
- (C) treinamento físico e da benevolência
- (D) estudo da física e do conagraçamento