

# CONTEÚDO PROGRAMÁTICO

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## Plurals

Somente substantivos contáveis possuem plural em inglês. Adjetivos não possuem forma no plural.

Vale lembrar que nem sempre o “S” indica plural no inglês. Como veremos a seguir, há palavras que não possuem “S” e encontram-se no plural. Há também palavras que possuem “S” e não estão no plural.

Ex.: Singular – He bought a good car yesterday.



*adjetivo*      *substantivo*

Plural – He bought good cars yesterday.



*adjetivo*      *substantivo*

Observe que o adjetivo não possui plural.

### Regular Plural: Acrescenta-se ‘S’

girl - girls

book - books

boy - boys

tie - ties

spoon - spoons

car - cars

### Irregular Plural

a) Substantivos terminados em S, SS, SH, CH, X e O: Acrescenta-se ES:

bus - buses

tomato - tomatoes

kiss - kisses

box - boxes

beach - beaches

dish - dishes

tomato - tomatoes

box - boxes

→ Quando o CH tiver som de ‘k’, acrescentamos apenas “S”:

epoch

– epochs

monarch

- monarchs

patriarch

- patriarchs

stomach

- stomachs

b)

<b>Cons + Y → ies</b>	
Strawberry	- strawberries
Comedy	- comedies
Grocery	- groceries
Baby	- babies
Candy	- candies

**F, FE → VES**

<b>Wolf</b>	→ wolves
<b>Knife</b>	→ knives
<b>Leaf</b>	→ leaves
<b>Wife</b>	→ wives

**Special Cases**

<b>man</b>	men
<b>woman</b>	women
<b>gentleman</b>	gentlemen
<b>child</b>	children
<b>ox</b>	oxen
<b>foot</b>	feet

<b>tooth</b>	teeth
<b>goose</b>	geese
<b>mouse</b>	mice
<b>louse</b>	lice
<b>die</b>	dice

**Some words ending in “O” do not take “ES”; only “S”:**

<b>autos</b>	<b>stereos</b>	<b>zoos</b>
<b>kilos</b>	<b>casinos</b>	<b>studios</b>

**Casos Especiais**

1) Há substantivos que levam “S”, mas que podem ser usados tanto no plural como no singular:

→ means (Ex.: A **means** of transport. or: Many **means** of transport.)

→ series (Ex.: ‘Friends’ is a television **series**. or: There are many good television **series**.)

→ species (Ex.: A **species** of fish. or: A lot of **species** of fish.)

2) Alguns substantivos são formados de duas partes, logo estão *sempre* no plural:

trousers

jeans; shorts and pants

pyjamas

glasses

scissors

Para usá-los, usamos verbos no plural ou podemos usar a expressão “**a pair of**”:

Ex.: ‘Those **are** nice trousers’ or ‘That’s **a nice pair of** trousers’.

**3) Há alguns substantivos que terminam em “-ics” que geralmente não são plural:**

athletics  
gymnastics  
mathematics  
economics  
politics  
physics  
etc.

**4) Há substantivos que não levam “S” mas que são geralmente usados com o verbo no plural, pois indicam *grupos de pessoas*: (Às vezes são usados com o verbo no singular)**

- government (governo)
- police (polícia)
- committee (comitê, comissão)

Ex.: The government want to increase some taxes next year. (Ou The government wants to ...)

(they)

**Sugestão de site para praticar exercícios:**

[www.englisch-hilfen.de/en](http://www.englisch-hilfen.de/en)

**EXERCISES****AIN'T THAT SWEET!**

New research shows the hidden benefits of eating dark chocolate

By Sora Song

Go ahead, indulge yourself a little. Medical science has just cooked up two sweet reasons to eat chocolate – as long as it's dark chocolate. Two small studies published last week suggest that dark chocolate may offer such benefits as lower blood pressure and higher levels of disease-and-age-defying chemicals called antioxidants. As if you needed an excuse. Researchers have long known that cocoa beans contain a class of chemicals called flavonoids, which are also found in fruits, vegetables, tea and red wine.

Previous studies suggest that flavonoids raise levels of HDL cholesterol (the good kind) and act as potent antioxidants, protecting cells from free-radical damage,

which can contribute to aging, heart disease and certain cancers. In a study published in Nature, researchers asked 12 volunteers to eat dark chocolate only, dark chocolate with a glass of milk, or milk chocolate. An hour later, the dark-chocolate-only group showed an 18% increase

in blood levels of antioxidants called epicatechins. Those in the latter two groups had no such change. "We suspect it's the proteins in the milk that the epicatechins are binding to, so they're not absorbed," says study co-author Alan Crozier of the University of Glasgow. "There is evidence that with tea, milk does something similar." [...]

**01. About the article, it might be stated that:**

- a) it suggests that people should eat more dark chocolate.
- b) it suggests that people avoid dark chocolate.
- c) it argues that any kind of chocolate is good for people's health.
- d) it offers scientific data to support people who eat all sorts of chocolate.

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**02. The introductory statement Go ahead, indulge yourself a little should be understood as:**

- a)** a request to think carefully before eating chocolate.
- b)** some advice to be careful while eating chocolate.
- c)** an invitation to have as much chocolate as one wishes.
- d)** permission to have some chocolate.

**Gabarito**

01 - B

02 - C