

Importante:

- $\text{sen } 2x = 2 \text{sen } x \cdot \text{cos } x$
- $\text{cos } 2x = \text{cos}^2 x - \text{sen}^2 x$
- $\text{tg } 2x = \frac{2 \cdot \text{tg } x}{1 - \text{tg}^2 x}$

1. Dados $\text{sen } 37^\circ \cong 0,60$ e $\text{cos } 37^\circ \cong 0,80$, calcule $\text{sen } 74^\circ$ e $\text{cos } 74^\circ$.

$$\begin{aligned} \text{sen } 74^\circ &= \text{sen } (2 \cdot 37^\circ) \\ \text{sen } 74^\circ &= 2 \text{sen } 37^\circ \cdot \text{cos } 37^\circ \\ \text{sen } 74^\circ &= 2 \cdot 0,6 \cdot 0,8 \\ \text{sen } 74^\circ &\cong 0,96 \end{aligned}$$

$$\begin{aligned} \text{cos } 74^\circ &= \text{cos } (2 \cdot 37^\circ) \\ \text{cos } 74^\circ &= \text{cos}^2 37^\circ - \text{sen}^2 37^\circ \\ \text{cos } 74^\circ &= 0,8^2 - 0,6^2 \\ \text{cos } 74^\circ &= 0,64 - 0,36 \\ \text{cos } 74^\circ &\cong 0,28 \end{aligned}$$

2. Dado $\text{cos } x = -\frac{\sqrt{6}}{9}$, $\frac{\pi}{2} < x < \pi$, calcule $\text{cos } 2x$ e $\text{sen } 2x$.

$$\begin{aligned} \text{cos } x &= -\frac{\sqrt{6}}{9} \\ \text{cos}^2 x + \text{sen}^2 x &= 1 \\ \left(\frac{\sqrt{6}}{9}\right)^2 + \text{sen}^2 x &= 1 \\ \text{sen}^2 x &= \frac{75}{81} \end{aligned}$$

$\frac{\pi}{2} < x < \pi$
sen x e' positive

$$\text{sen } x = +\frac{\sqrt{75}}{9}$$

$$\begin{aligned} \text{sen } 2x &= 2 \text{sen } x \cdot \text{cos } x \\ \text{sen } 2x &= 2 \cdot \left(-\frac{\sqrt{6}}{9}\right) \cdot \left(\frac{\sqrt{75}}{9}\right) \\ \text{sen } 2x &= \frac{-2 \cdot 5 \cdot 3 \cdot \sqrt{2}}{81} \\ \text{sen } 2x &= \frac{-10\sqrt{2}}{27} \end{aligned}$$

$$\begin{aligned} \text{cos } 2x &= \text{cos}^2 x - \text{sen}^2 x \\ \text{cos } 2x &= \left(\frac{\sqrt{6}}{9}\right)^2 - \left(\frac{\sqrt{75}}{9}\right)^2 \\ \text{cos } 2x &= \frac{6}{81} - \frac{75}{81} \\ \text{cos } 2x &= \frac{-69}{81} \\ \text{cos } 2x &= \frac{-23}{27} \end{aligned}$$

3. Se $\text{cotg } x = -4$, qual é o valor de $\text{tg } 2x$?

$$\begin{aligned} \frac{1}{\text{tg } x} &= -4 & \text{tg } x &= -\frac{1}{4} \\ \text{tg } 2x &= \frac{2 \cdot \text{tg } x}{1 - \text{tg}^2 x} & \text{tg } 2x &= \frac{2 \cdot (-1/4)}{1 - (-1/4)^2} \\ \text{tg } 2x &= \frac{-1/2}{1 - 1/16} & \text{tg } 2x &= \frac{-1/2}{15/16} \\ \text{tg } 2x &= -\frac{16}{30} & \text{tg } 2x &= -\frac{8}{15} \end{aligned}$$

4. Qual é o valor de $2 \text{sen } 22^\circ 30' \cdot \text{cos } 22^\circ 30'$?

$$\begin{aligned} \text{sen } 2x &= 2 \text{sen } x \cdot \text{cos } x \\ &= \text{sen } (2 \cdot (22^\circ 30')) \\ &\quad + \frac{22^\circ 30'}{22^\circ 30'} \\ &\quad \frac{44^\circ 60'}{+1^\circ} = 45^\circ \\ \text{sen } (45^\circ) &= \frac{\sqrt{2}}{2} \end{aligned}$$

5. Calcule $\text{sen } 2x$, sabendo que: $\text{tg } x + \text{cotg } x = 3$.

$$\begin{aligned} \text{tg } x + \text{cotg } x &= 3 \\ \text{tg } x + \frac{1}{\text{tg } x} &= 3 & \frac{\text{tg}^2 x + 1}{\text{tg } x} &= 3 \\ \frac{\text{sen}^2 x + 1}{\text{cos}^2 x} &= 3 & \frac{\text{sen}^2 x + \text{cos}^2 x}{\frac{\text{cos}^2 x}{\text{sen } x}} &= 3 \\ \frac{(\text{sen}^2 x + \text{cos}^2 x) \cdot \text{sen } x}{\text{sen } x \cdot \text{cos}^2 x} &= 3 \\ \frac{1}{\text{sen } x \cdot \text{cos } x} &= 3 \cdot \frac{1}{2} \\ \frac{1}{2 \text{sen } x \cdot \text{cos } x} &= \frac{3}{2} \\ \text{sen } 2x &= \frac{2}{3} \end{aligned}$$

6. Sendo $\text{cotg } x = \frac{12}{5}$ e $0 < x < \frac{\pi}{2}$, calcule $\text{cos } 2x$.

$$\begin{aligned} \text{cotg } x &= \frac{12}{5} & 0 < x < \frac{\pi}{2} \\ \text{tg } x &= \frac{5}{12} \\ \text{tg}^2 x &= \frac{\text{sen}^2 x}{\text{cos}^2 x} = \frac{25}{144} \\ \text{sen}^2 x &= \frac{25}{144} \cdot \text{cos}^2 x & \text{sen}^2 x + \text{cos}^2 x &= 1 \\ \frac{25}{144} \cdot \text{cos}^2 x + \text{cos}^2 x &= 1 \\ \frac{169 \text{cos}^2 x}{144} &= 1 & \text{cos}^2 x &= \frac{144}{169} \\ \text{sen}^2 x &= \frac{25}{144} \cdot \frac{144}{169} & \text{sen}^2 x &= \frac{25}{169} \\ \text{cos } 2x &= \text{cos}^2 x - \text{sen}^2 x \\ \text{cos } 2x &= \frac{144}{169} - \frac{25}{169} \\ \text{cos } 2x &= \frac{119}{169} \end{aligned}$$

7. Sabendo que $\text{sen } a = \frac{3}{5}$ e $\text{cos } a = \frac{4}{5}$, calcule $\text{sen } 2a + \text{cos } 2a$.

$$\begin{aligned} \text{sen } a &= \frac{3}{5} & \text{sen}^2 a &= \frac{9}{25} \\ \text{cos } a &= \frac{4}{5} & \text{cos}^2 a &= \frac{16}{25} \\ \text{sen } 2a + \text{cos } 2a &= 2 \text{sen } a \cdot \text{cos } a + (\text{cos}^2 a - \text{sen}^2 a) \\ &= 2 \cdot \frac{3}{5} \cdot \frac{4}{5} + \frac{16}{25} - \frac{9}{25} \\ &= \frac{24}{25} + \frac{16}{25} - \frac{9}{25} = \frac{31}{25} \end{aligned}$$